

## Sequoia's Treehouse Menu B

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
Granola w/ yogurt  Grapes	Bagels w/ sunbutter & jam  Orange wedges	Oatmeal w/ raisins  Cinnamon apples	English muffins w/ eggs & cheese  Blueberries	French toast (contains gluten, dairy, and egg)  Strawberries
<b>Snack:</b>	<b>Snack:</b>	<b>Snack:</b>	<b>Snack:</b>	<b>Snack:</b>
Carrots w/ hummus	Tuna melt (bread, tuna, cheese)  Fresh veggies	Yogurt w/ blueberries	Mac & cheese  Peas	Hard boiled eggs  Carrots

- All meals subject to vary.
- Whole milk is served with breakfast and PM Snack.
- Late Snack varies and consists of a rotation of healthy organic fruit & vegetables, whole grains, and proteins.
- At Sequoia's Treehouse our food is prepared using fresh, local, organic ingredients as much as possible. If you have any questions please ask a staff.