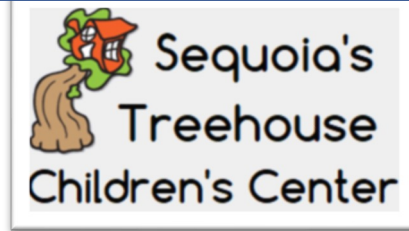


October 2022



Welcome October!

While we have been enjoying some warmer days in our extended summer, we know Fall weather is right around the corner. The leaves are beginning to change, and the children are looking forward to crunching them under their feet during nature walks!

We have finished Summer harvesting and are looking forward to creating and exploring with pumpkins, gourds, apples and fall leaves.

Don't forget to follow us for more fun on Facebook and Instagram @sequoiastreehouse





Seedlings Classroom

We have been exploring:

- *Our unique facial features*
- *Singing name songs*
- *Playing together as a group*

Looking forward to:

- *Autumn leaves*
- *Pumpkins and gourds*
- *Painting with autumn colors*

In September, our theme was “All about me”. We spent a lot of time by the mirror, noticing all the parts of our faces. We encouraged everyone’s emerging skills while playing as a group, and practiced baby signs for mom, dad, baby, bird, fish, cat and dog. We had group time with musical instruments, danced to fun music on the iPad, sang songs with the baby’s names in them, and read books about feelings, babies, and families.



As we move into October we will really dive into Autumn. Our room has already begun to reflect the fall season. In September we added pictures of fall leaves and trees across the floor for the babies to get a closer look at. This month we will add additional pictures of pumpkins, gourds, apples and animals. The babies are always quick to notice any changes down at their level, so I change up the pictures frequently.

I’m looking forward to letting the seedlings touch and crumble real leaves, and explore pumpkins, and gourds. We will check out various gourds, noticing their colors, textures, and weights. We will also have pumpkin pulp in bags to squish, and seeds to see and shake in a sensory tube! We will also paint with fall colors and read fall themed books.

-Sandy & Laila



Sprouts Classroom

We have been exploring:

- *Feelings*
- *Water Play*
- *Garden*

Looking forward to:

- *Fall*
- *Leaves*
- *Rain*



Hello Sprouts families,

We had a busy and exciting September!

We said goodbye to a few of our friends and welcomed some new friends. For the month of September, we continued to learn and work on our social and emotional play. We read books such as “Hooray me”, and “Hands are not for hitting”.

As the season changes, we are welcoming the weather change! We will be learning and doing activities about fall. We will be collecting pine-cones and leaves so please feel free to bring some in.

Teacher Deisi



Reminders: Please make sure your child has a rain jacket, tuffo gear and rain boots. If unsure, or have questions, please check in with the teacher.



Shoots Classroom

We have been exploring:

What we love about nature

Our sense of taste

Looking forward to:

Continuing to explore our senses

In the month of September, we welcome new friends into our classroom for the new school year; Abby, Amelia, Ivy, Lora, Lorraine, and Starlit. We are happy to have them join our class. Our topic for this month was “All About Me” and we tried to connect nature to our topic. We asked, “What do you love about nature?” to our class and we got a lot of interesting answers. Some kids said they loved rocks, watching other kids, the campfire in the wetlands, goats and more. We also learned about our bodies. We traced our bodies on large pieces of paper and painted them. We talked about the different colors we used and what body parts we were painting. As of now they are displayed in the hallway if you want to take a look! Lastly, we explored our sense of taste and tasted things from nature. We tasted our green beans from the garden and blackberries that grow in the wetlands. We talked about how nature grows food that we can taste and eat that will help our bodies grow!

Next month, we are continuing our exploration of our senses!

-Colleen & Mads



Reminders: Please bring home water bottles and blankets on Fridays to be cleaned and return them on Monday. Since the rainy season is approaching, bring rain gear and waterproof gloves/mittens as these are helpful when exploring with our hands!



Shoots II Classroom

We have been exploring:

- *Our feelings and expressing them***
- *What family means to us***
- *Sniff and touch the classroom***

Looking forward to:

- *Change in the seasons***
- *Explore and experiment with color***
- *Numbers and counting in nature***

Last month we made it all about ourselves, the people in our lives around us and our five senses. We explored touch by making collages using different materials, sensory bins with a mixture of textures, and talking about how things feel on our hands. We spent time talking about families and who is in our own family, including pets. We also talked about how different families can look and not everyone has the same family structure. Smell was also a big part of this month, we took time at nap time to sniff snack, made paintings with different spices and items outside. We read books about how we feel and different ways of directing our feelings that are healthy, like reading a book or drawing.



We are so excited to welcome October and to celebrate the changing of the seasons. We will explore the color changes around us and have fun experimenting with different colors. The class will be counting things in nature and seeing our understanding of numbers.

-Evelyn



Saplings Classroom

We have been exploring:
Trees and why they are important

Looking forward to:
Welcoming Autumn and the pumpkins, leaves and rain



And hello, Autumn! The month of September we explored trees and learned about all the wonderful things they do for us. We need trees! Our friends enjoyed painting, collecting, and pretending to be trees.

In October, we'll be welcoming autumn together. We're going to collect and dissect pumpkins, hunt for fallen leaves, and hopefully enjoy some time in the rain!



Reminders:

- Water bottles and blankets go home at the end of each week to wash.
- Please ensure your Sapling has extra clothes and a blanket **every day**.
- Pack a water bottle or cup to help stay hydrated **every day**.
- Make sure your Sapling has weather appropriate clothing for the cooler temperatures.
- If you haven't already, please bring in Tuffo(rain suit) and boots!

-Adrian & Cinthia



Young Sequoias Classroom

We have been exploring:
***Space, the universe, planets,
the sun and moon***

Looking forward to:
***Autumn leaves and changing
colors in nature***

Hello Young Sequoia Families!

Happy October! We are excited to celebrate fall and start talking about leaves, trees, and the changing seasons.

In the month of September, we said goodbye to Alex, Amelia, Atlas, August, Caren, Charlotte, Elaina, Luca, Mason, Octavia, and Stella as they moved up to the Sequoias class or farm school.

We welcomed Adrian, Brynn, Desmond, Finnegan, Hamilton, Henry G, Jackson, Luna, Maverick, and Stefan to our class in September. We explored the topic of Space, learning about the universe, planets, the Sun, and Moon. The children enjoyed making Space-themed art, pretending to be astronauts, and looking up in the sky to see if the moon was out.

We are excited to welcome Eloise and Dimitri to our class in October! This month we will be focusing on autumn and leaves and exploring what we can do with leaves and why they change color. On October 31, we will be having Pajama Day!

Looking forward to a great month,
-Mia & Miles



Reminders:

- Please remember to take your child's water bottle and blanket home to wash on Fridays.
- Thursday is Show and Tell Day!



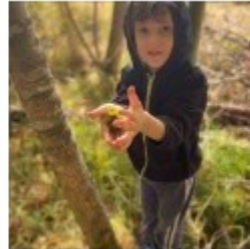
Sequoias Classroom

We have been exploring:

- *Emotions*
- *Bodies*
- *Community*

Looking forward to:

- *Learn & explore the 5 senses*
- *Focusing on families*
- *Fall/Autumn*
- *Farm field trips*



This month has been full of new beginnings! We have a new class community made up of kids already in the Sequoia class, kids that moved up from the Young Sequoias and kids that are brand new to the Treehouse. What an exciting opportunity to get to know each other as well as focus on who we are as individuals. With such a big transition, the students were having a lot of mixed emotions. We focused on different emotions as a class, reading books about them, identifying emotions in pictures and acting them out with our bodies. We sang “If You’re Happy And You Know It” expressing how we look and sound when we feel happy, sad, angry, excited, tired, proud etc. “What makes you awesome?” was a question of the day. We have been discussing what we can do to help ourselves and others feel better when need be. Breathing techniques (snake breath, sailboat breath, bunny breath...) have been practiced as a class, as well as yoga poses. The more we are connected to our bodies, the better we become at self-calming and self-regulation.

“Head, Shoulders, Knees And Toes” has been sung many times this September! Students enjoy singing and doing motions as quickly as they can! We’ve been learning about names of body parts. Students have been quizzed by teachers, learning a few more each time. Using mirrors to see themselves, children drew self-portraits with permanent markers, then painted them with liquid watercolors. Teachers prompted children to remember each part of their face.

Community has been a big aspect of this first month together. “The More We Get Together” has been sung often and helps us to know the names of teachers and students. Special library books about friendship have been read and discussed. Teachers often use phrases such as, “How can you be a kind friend?” “Will this help your classmate to have a good day?” or “That was helpful!” And we’ve been practicing including friends in play.

Swimming lessons have been so much fun! It’s a great opportunity for children to learn independence, as they are coached to change their own clothes (twice). It’s neat to see how proud the students are after lessons. Bus rides have been a fun way to see the city of Olympia and talk about places that are meaningful to us.

All in all, this month has been full of exciting changes. We are settling down in our routines. It feels good to get to know one another a bit more. We will continue our explorations and discussions on emotions, identity and community throughout the year.

Reminders:

- Each Friday please bring all artwork home(on top of cubbies) and water bottles to clean.
 - Friday is Show & Tell: Your child may bring 1-3 items from home this day only and they must be no smaller than golf ball size. We ask that no toy weapons be brought.
 - The rainy season requires each child always has 2 extra sets of clothes. Rain gear (coat+pants or rainsuit and boots) will be necessary very soon.
 - Make sure a teacher sees you when you pick up your child at the end of the day. This is for child safety as well the teachers being able to communicate any important documentation from the day.
- Anna & Sara