## November 2022





# Welcome November!

We had an amazing October and enjoyed our time with our friends creating and exploring with Fall colors, different types of leaves and pumpkins. We will continue to celebrate the changing of the seasons, using our senses to explore the changing landscape and observe how our animal friends outside adapt to the colder, wetter weather.

Don't forget to follow us for more fun on Facebook and Instagram @sequoiastreehouse





# Seedlings Classroom

### We have been exploring:

\*Pumpkins\*
\*Leaves\*
\*Wooly Bears\*

### **Looking forward to:**

\*Nuts and Seeds\*

\*Birds and Squirrels\*

\*Weather\*







October was a beautiful month, full of fun and observation. For our Fall theme we spent a lot of time noticing the outdoors through the windows. The blowing trees, leaves, birds and some pumpkins added to the playground were all viewed with interest. New pictures of pumpkins, gourds and wooly bears were quickly noticed as well. We explored real leaves, a real pumpkin, sang songs and read stories about Fall.

November's theme is harvest. We are looking forward to exploring Flint corn in many different ways along with various gourds, seeds & nuts, and birds & squirrels.

The weather will continue to be a focus since the seedlings are always noticing what is happening through our windows. The return of the rain is sure to be interesting for them to watch!





**Reminders:** Brrr! The weather is changing. Please be sure your child's cubby has appropriate spare clothes as well as socks. We stay indoors but our floors are chilly!



## **Sprouts Classroom**

We have been exploring:

\*Fall Colors\*

\*Pumpkins\*

\*New Weather\*

Looking forward to:

\*Senses\*

\*Rain\*

\*Expressing Kindness\*

Hello Sprouts families,

October flew by as we adjusted to new faces in the classroom and new weather. We did lots of painting activities to match the changing colors that we saw on the trees and leaves. We talked about pumpkin patches and read "The Itsy-Bitsy Pumpkin". We also cut open a pumpkin to see, touch and smell. Then we made sensory bags out of what we found inside.

For the month of November, we will explore our senses as we hear, smell and touch the rain. We will also be talking about kindness and practice how to be kind with our body actions and when interacting with our friends.

#### -Teacher Deisi











**Reminders:** Please make sure your child has a rain jacket, tuffo gear and rain boots. If unsure, or have questions, please check in with the teacher.



## **Shoots Classroom**

We have been exploring:

\*Fall with our senses\*

\*What we found in the

wetlands\*

Looking forward to: 
\*Potty Exploration\*

In the month of October, we had to say goodbye to Teacher Mads. We are so lucky we got to spend almost a year with him and are sad to see him go. Our theme in October was exploring Fall with our senses. We listened to what we heard in the wetlands: birds, frogs, wind and rain throughout the month.

We enjoyed a collaborative project with families as well. The Shoots had a leaf show and tell where we talked about where our friends found the leaves and with whom. Some found them in gardens, at the park or in their backyard. They loved sharing their stories! We made collages with leaves, sticks, moss and bark that we found in the wetlands. We experienced feeling the different textures of each part of nature.

Next month our theme is Potty Exploration. We will be working on getting used to using the potty and exploring the bathroom.

#### -Teacher Colleen





**Reminders:** Please bring in warm winter coats, waterproof gloves, hats and socks for outside time. All clothing needs to be labeled with names or initials for easy identification. Since it is getting colder it is important to be dressed appropriately for winter conditions since we spend a great amount of time outdoors.



## Shoots II Classroom

We have been exploring:

\*Changing of seasons\*

\*Color experimentation\*

\*Personal space & gentle touch\*

Looking forward to:
 \*Getting dirty!!\*
 \*Worms & other muddy creatures\*
\*Earth and natural building materials\*



Our classroom has been all about Fall! We read books about the leaves falling off the trees, which concerned a lot of our friends. Thankfully, we also learned that the tree leaves com back in the Spring. We experimented with melting down some "baby pumpkins" made from baking soda; added blue vinegar and watched the colors change. We also made some wreaths and banners with different motifs of Fall.

As a class, a big part of our focus has also been on personal space and gentle touch. We talked about recognizing signs when our classmates and friends may want space; like crying, yelling or telling us to go. We practiced using gentle touches on our own hands first. We then practiced gentle touches on friends for when our friends do want to play or hug.

### -Teacher Evelyn







**Reminders**: The weather is getting colder everyday so please make sure you provide extra clothes that are weather appropriate. The extra clothes are located on a shelf hanging on the bathroom door inside the classroom. Please check what your child has currently and pack gloves, hats, extra sweaters or a warm jacket for school.



# Saplings Classroom

We have been exploring:

\*New season of Autumn\*

\*Pumpkins\*

Looking forward to:

\*Learning about hibernation\*





What a fun month October was! We welcomed our new friend Astrid into our class and explored the new season of Autumn and pumpkins. We learned together that pumpkins come from the Gourd family and a lot of things we can do with them. We painted, dissected, and our favorite part — made sensory with our pumpkin guts! Our Saplings also enjoyed the challenge of pushing golf tees into the pumpkins: What tools could we use to push them in? How much pressure should we use? Can we pull them back out? We learned a lot by putting these fine motor skills to the test.

In November, we will be exploring the natural phenomena of hibernation. Our Saplings have a list of questions to answer: What is hibernation? What animals hibernate? How long do they hibernate? We are sure there will be more questions as we learn!

#### -Teachers Cinthia & Adrian







**Reminders:** With the weather cooling down, it is important that your Sapling comes to school in weather appropriate clothing and has the following in their cubbies at all times: Hat & gloves, Tuffo gear(rain suit or rain pants and big rain jacket), rain boots and extra clothing(underwear, pants, shirts and socks).



# **Young Sequoias Classroom**

We have been exploring:

\*Changing colors\*

\*Pumpkins\*

Looking forward to:

\*Mud play\*

\*Worms, fairies & gnomes\*

### Hello Young Sequoia Families!

What an exciting October it's been! We have been learning all about Fall, the changing colors of trees and leaves, and of course, pumpkins! The children have enjoyed reading books about fall and making art projects with leaves. They have also enjoyed experimenting with pumpkins: Rolling and painting pumpkins, scooping out the guts and collecting the seeds, and making pumpkin muffins!

However, the highlight of the month was our first visit to Sequoia's Farm. The children got to ride the Adventure Bus (driven by Teacher Miles!), meet and feed the animals, and climb the trees in the Wonder Woods. We all had a blast!

In November, we look forward to lots of mud play, and learning about worms, fairies, and gnomes. Looking forward to another exciting month!

### -Teachers Mia and Miles







**Reminders:** We are in cold and flu season. Guidelines for when to keep your child home due to illness are in Health Policy section of the Parent Handbook. Although we have rigorous cleaning procedures, even something as simple as the common cold can affect everyone in the center. We appreciate your help in keeping our school environment safe and healthy.



# Sequoias Classroom

We have been exploring:

\*The farm on field trips\*

\*Fall/Autumn changes\*

\*The 5 Senses\*

Looking forward to:

\*Learning about nocturnal animals\*

\*Rain and puddle play\*

\*Making apple juice\*

This October we continued exploring the theme "All About Me" with a focus on the five senses.

**Hearing:** We listened to real animal sounds and guessed who made them. We made music with instruments.

**Sight:** We read about shapes. We experimented with light and shadow on the overhead projector. We sang "Rainbow, Rainbow" and learned the names of the lesser-known colors (turquoise, gold, silver, tan, brown, gray...).

**Touch:** We played with squishy water marbles in the sensory table. We did quizzes using only our sense of touch to figure out what something is (alpaca fur, puff balls, leaves, oatmeal, salt, pebbles...).

**Smell:** We smelled rosemary, mint, tomatoes and kale from the garden. Without looking, we guessed what they were. We played a board game called "Follow Your Nose", matching scents to pictures.

**Taste:** We made carrot juice and orange. Then we tasted and compared the two. We followed a recipe to make pumpkin waffles, cutting up bananas to go with them. We ate them with real maple syrup. What a treat!





**Reminders:** The weather is getting chilly! Please make sure your child has thick socks / double socks on each day. Labeled, waterproof gloves are highly recommended. Show and Tell is each Friday. Choose 1-3 sturdy items(larger than a golf ball)to send in with your child. We request nothing that resembles a weapon as our school is a weapon-free zone. Have a great November!